## Growing up

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Buddy Bench and Positive office referrals

Growing up means the environment around you changes

The birds start sounding a little different every morning People

come into your life

People leave your life

Lessons, lectures, challenges

Things you'd never imagine you'd experience

It's all a part of life

Some of us had to mature earlier than others

Circumstances placed into our lives that were unfair

Growing up, its scary

Went from playing in playgrounds to studying for tests

From friendships to heartbreaks

It is not called recess anymore; it's called lunch

Somewhere in between, things changed

Change

It's exciting to have new beginnings and learn new things

Growing up

It happens every second of every minute of every hour every day