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Better Things

Make new friends
but keep the old.
I should have listened to
what I was told.

New connections
and broken ties.
I didn't think
you would tell me lies.

Arguments and excluding
the one who gave the most
love and support that you never got
you made me feel like
a ghost.

The stress that enveloped me
the thoughts that came
you told that 'supposedly'
it was just a game.

I hope you see now
that I wanted to forget you.
Because the hurt that I felt
can spread to
memories we once shared

the connections I thought
were true and filled with care
but instead
a lesson was taught.

Don't make new friends
just stick to yourself
because your love
will be put on the shelf.

To be taken advantage
of your heart and your mind
all because you
chose to be kind.

So don't even try it
unless you ought
to be told your not good enough
for the qualities you got.

It's a simple thing
to see differently
things don't appear
to show
what's really
beneath the surface
and at the top
you'll never find something good
so just stop.

Just know that you
deserve better things
so take those bad people

and spread your wings

Because they are not worth it
they made you cry
so you have to move on
you have to at least try

To find your people
who find your good
and that will make you
feel understood.

Because if you look closely
you'll eventually see
that your truest friends
are yourself, and the ones
who notice that you
are what you intend to be.